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Haloti Ngata makes a quality role model



Though he is normally known as a ferocious, fear-inducing, man-eating, tackle machine, Haloti Ngata appears to have a soft side to him. Recently, Ngata sponsored an essay contest to raise awareness for juvenile diabetes. He asked local schools from the Baltimore/Annapolis areas to write essays about the disease in an effort to interactively teach those kids that took part.

Its these types of community effort that set Ngata apart as a humanitarian in the league. The NFL needs these types of example setters to curb the negative image create by Chris Henry, Pacman Jones and others. Ngata is quickly establishing himself as a vital part of the Ravens family both on and off the field.